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on Epilepsy

~~I shall begin my remarks upon this disease by making a humiliating acknowledgement - that is - that I can not cure it, and of course that I can not teach you how to cure it.~~

In entering upon the consideration of this disease, I feel like King Richard ^{who} after being dismounted by ~~the~~ in battle ~~were~~ cried out on "a horse - a horse - my kingdom for a horse" - In like manner ^{but} I feel disposed to begin my lecture upon Epilepsy by saying "A Remedy - a remedy! - A kingdom for a remedy for it." - after all that I have collected by ~~much~~ reading - study and experience upon it I am sorry to acknowledge that I cannot cure it, & of course, that I cannot teach you how to cure it.

turn over to —

Epilepsy VI

It has been defined as a convolution of the
muscles of the body, attended with sleep. It
now often exists without sleep, & with no, or feeble convulsions.
It was called *morsus convictalis*
by the ancient ~~poets~~ ^{but improperly} or the falling sickness,
from its occasionally occurring in public
assemblies. top 2. (a)

Johannes Crato, an eminent physician
in Germany, & architect to 3 successive
Emperors, earnestly desired to live till
he shd. hear of a satisfactory theory of this
disease. He died without being gratified
in his benevolent wish, & had he lived to
this day he would not have been happier
in the attainment of the object of his
wishes than when he died. I have not
read much upon it, & am sorry to
say, I know but little more about

~~✓ of this I have given you identifying proofs
in my total want of Sleep in the cases for
which I have prescribed in the P. hospital.~~

✓ hence its paroxysms most generally occur
in the night.

+ Dr^r Bichat has distinguished what he
calls "irrit". - or w^t we call - Excitat^y
from Contractility - by the absence of
tone from the nervous - muscular &
ganglionic fibres in the former case,
& considerable tone in the latter. Thus in
the Typhus fever there is great contract^y as well
as Irritab^y - whereas in the typhus fever there is
Irritab^y with little contract^y. - now in =

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it, than I did 30 years ago[—] I shall only
now therefore give you a detail of facts,
a some ~~conjectures~~[—] relative to this deplorable disease. In
some happy moment of mental exertion
you may perhaps be able to combine
these facts so as to form a rational theory,
and deduce a successful mode of practice
~~from them, & cure it.~~
~~cannot be incurable disease.~~
(A) "Dribility" is certainly its predisposing
cause: Perhaps it owes its peculiarity
obstinate to this ~~dribility~~^{being depressed &} occupying at once
the ~~senses - muscles & the blood repels, &~~
imparting to each of them a morbid irritability
which invites to convulsive motions
or morbid actions in each of them. This
~~combinations of morbid excitability in the~~
~~senses - muscles & blood repels has been~~
called by DeGelle morbidity. I shall

These grades are ~~fin~~ in number
They differ very much in their grades. They are
sometimes so violent according to Lowneius as to
produce an emulsion of Semen masculinum, and
according to Dr Short, to produce an effusion of blood
from the extemities of the Arteries upon the skin.
I once knew ~~paroxysms~~ to take place during a
paroxysm of Epilepsy. The woman ~~as~~ did not feel the
pains usually attendant upon Childbearing, and
wondered when she saw her child by her side, ~~after~~ when
it came from it, where her fit was over? But are
paroxysms that do not ~~prostrate~~ ^{completely} either the body
or mind. Swidernburgh's pions, but extravagant
visions were the operations of his mind in fit of
Epilepsy. He had them, sitting or on his knees. His
rational faculties ~~as~~ were only partially deranged.
The case I formerly read to you of a man in
Connecticut who was said to have two souls, was
a milder grade of Epilepsy in which thought was
nearly regular, & many actions performed in
order, ^{the forgotten afterwards.} In some people ³ Epilepsy is so feeble as
only to produce ^{only a faintness with a short} a suspension of Speech & Walking.
Thought goes on as usual. They go off in this
way by time. ⁴ In others, the face, eyes are a little commed,
without the least interruption of the exercise of the mind.

~~this ^{morbidity} & ^{constitut.} fits of Epilepsy differ
from each other it occurs in systems.~~

It affects persons ~~under~~ ^{from childhood}
~~60 & even 75~~ ^{now attains a duration between}
to 50 years of age. ^{50 & 60 in whom it last 4 months,} The intervals between
the fits are from ~~at~~ ¹ hours to 6 months.

They occur often in the night, then in
the daytime. ~~As~~ I have known two

or three fits to occur & the system to be
~~The convulsions w^{ch} affords dentition & other diseases of fits
free from them ever afterwards. After
(if they occur) sometimes~~

= 50 they ~~no~~ go of entirely, or appear
faintly fits of short duration from the ~~longer~~
only in ~~about~~ ^{met Boston} ~~faintings~~. They generally
becoming stricture.

I have met a man who has lived to be above 80 &
who had been afflicted severely with them
in early or middle life. — They sometimes
disease, the same great age.

injurious the memory, loss of understanding,
inducing complete fatuity, but they often
continue for years without leaving the

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related in the German
of there is a grade of it in which the patient con-
scious, but it is Ephemerides in which the patient
involuntarily revealed all that he heard, did,
or thought the day before. 5 There is sometimes
a perfect excuse of the reason & persons with general
convulsions. Dr Bouchoue d' Ephemerides.

It is inquiring whether Epilepsy may not
be a deep seated, and widely diffused paroxysm
of fever? - all its remote causes are the same
as exists induce fever - operating, ^{perhaps} with more
force, and bringing on greater debility, and
^{course} of ~~more~~ greater morbid commotions in the
system. Compared with a common paroxysm
of a fever, may it not ^{be} like a sudden ^{tempest} ~~bomb~~:
- one compared with a steady, equinoctial
gale: ~~than more~~ ^{than} ~~more~~ ^{is} in

I was consulted last May 1804 by a Gent^m from Maryland who was one of 3 brothers affec-
- ~~to~~ ^{with} it, and sometime afterwards by a few farmers
from Chester County who with a listⁿ were
affected with it. It is thus you a ~~family~~ ^{physical}
but I have not known it a hereditary disease.

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force or operations, of any of the functions
this was the case with ~~the~~ Casan ^{mother} who was certainly
of the mind. ~~Epilepsy is sometimes~~
~~one of the greatest men the in point of intellect it was said.~~
~~I recuded, & alternately with madness.~~
Two cases - in Penn. Hospital and Curer 1808.
Turners Case. It proves fatal most

commonly when a fit does not kill
by ending in ^{apoplexy or} hydrocephalus: intermission

The blood seems to be confined to the
arteries chiefly in persons who die of Epilepsy.
Dr Johnson says in dissecting a boy who
died of it, very little blood was found in its
veins. But Dr Short says he once saw take
notice of this fact, and of the one mentio-
n from Dr Short. Do they not show the arte-
rial system to be deeply affected in this dis-
ease? ~~These facts are not autho-~~

✓ The Remote causes of Epilepsy are:

1 general & 2 local. & 3 sympathetic.

The 1 are, great intemperance in

Drinking cold water - It was in Miss Charlotte County 1809 in
V B ^{Hospital} There are instances of its being communicated
by Iγnosēathy, or infection as in the schools
at Harlowe, & in the Penns: Hospital during
the time of the late Dr Hutchinson.

It is has been congenial of a Mrs Knight
in monmouth County Penn: from seeing a person
in fits during her pregnancy but forth a child
born who she was affected with Epilepsy & be-
came an idiot, & died at 18. A Mr Lathrop
in the neighborhood ^(who was pregnant) saw his funeral & asked
her husband "whose it was." He answered "Mrs
Knight's foolish son;" and then described his
fits by imitating his motions. His wife was
much affected with the history & description of
this boy - dreamt of him all the preceding
night, & at the end of her pregnancy but forth
a girl in every respect discord with fitful &
faintly like the boy her husband described.
This girl was alive & 19 years of age on the
16 July 1792. I received the informⁿ from
Mrs. E Ferguson - a most correct sensible
woman ~~of 100 years~~ 12 long living. Hanwicker.
~~13 but John Painge~~

6
eating - drinking - & venery. Convulsion has often induced it.

2 great bodily exercise.

3 great or undue exercise of the understanding active and passions.

4 Terror. Out of 14 patients at one time in the hospital at Vienna with Epilepsy, ^{I have} it is known to twice known to twice induced in the sight of gun ^{it} Dr. ^{ship:} which was induced with at night in molds' effigy, but it on a young man in this city. Topliff ^{He died of it. It is rarely used when from this cause.}

5 The repetition of several of the exertions.

6 Repelled impressions. ^{Intra Rosa - Darwin, Dying of fluor albus. Miss Whitcher. vol. 1. of extracts p. 58.} 7 Sleeping in the Open Air, It was bro't on by this means ^{in 1815 in Germany} Butler a Student of medicine from Carolina. ^{26 July 1815 in Germany} after fatigue, but don't bro't it on in W^s S^rine. 8 Inspire or arose air. D^r Guthrie V The real causes are

Lesions of the brain, & Potts and

~~Dr. J. C. Reddie~~ Dr. J. C. Reddie
Sir John Pringle
~~mentions~~ mentions two cases of it induced in
soldiers by a previous attack of an in-
flammation of the brain. —

V Disections show marks by the same ap-
pearances which are found after apoplexy
with new exostoses of the bones of the brain,
but in most of these appearances I believe
are the effects, and not the cause of the
disease - for if they were they ought to pro-
duce the same disease. I believe Epilepsy, & aw-
-plesy, and palsy ~~and~~ ^{and} phrenitis &
mania affect ~~de~~ when they exist separately
different, parts of the brain. ~~investigating the~~
~~D^r. Arch^r Campbell in an ingenious man-~~
~~disputation lately published in Edinburgh about 1806~~
says the basis of the brain is affected only in
Epilepsy and palsy - and the whole brain in
apoplexy. I have said formerly placed the
heat of madness ~~at~~ in the upper or cortical
part of the brain. The phrenitis must occupy
the same place, being an acute form of the same
disease. Hydrocephalus ~~in~~ ^{probably} affects both
the upper & lower parts —

Fractions of the skull. Dr Potts case. A case 8 years
after a stroke on the head reported in the Ann. Ephem.
2 Malconformation of the brain. 3. + 4.
3 sympathetic often very small

1 Tumors in different parts of the body &
2 a ragged wart on the ankle. Dr Short. mid Eng. of 20 in
3 perhaps decayed teeth. ~~or perhaps~~ ² persons + mouth of Baltimore
~~from it.~~

✓ The disease when well formed is easily re-
-moved by a moderate degree of any exciting
cause, and by Inpiration. The noise of
a distant bell, and even of a horses feet,
excited it in two cases mentioned by Dr
Cullen. A soldier who had deserted, & was
discovered while drinking a mug of beer had
his fits removed for several weeks every
time he attempted to drink. ~~at~~ A present
lady who stood ²⁰ long under the hands
of a mantua maker ^{that she} fell into a fit
from weakness. Her fits were removed
every time she saw either her master
or the mantua maker until after

✓ Louvage relates the case of a woman in whom apoplexy produced an invariable attack of this disease. She was seized with it just as she was entering the door of a church. ~~she~~ ^{During} ~~when~~ Her fits returned every time she ~~attempted to enter~~ ^{attempted to enter} it afterwards. ~~she~~ ^{This} was obliged from this circumstance to receive the communion outside of the church. —

A man who cured of it by a Catholic priest on condition of never going into a protestant ^{church}. At the end of 7 years he went, and was instantly seized ^{with} a fit. Mr Robinson a med. Stud: —
A deserter who was ~~an~~ apprehended while drink-
ing, fell down in a fit of epilepsy which returned for sometimes afterwards when he left or trips with any liquor
✓ 6. By ^{to his mouth} falling burns from falling into the fire. 7. By an attack of mania. If狂躁 however ~~for~~ after this changing into another disease & dying.

— of the brain. Give & hope will determine the truth or error of these opinions.

It was cured by childbearing in 2 of the sisters of the gent. from Portugal who consulted me last year.

her delivery.¹ ~~her second~~². Do fits occur often in the night hours in the day time probably be-
-cause they are excited by an aspiration
of ideas in a dream.

Before we proceed to treat of ^{the} cure
of this disease, let us inquire into the
operations of nature in it. Has it ever
been cured by her - I cannot say it has -
but time, and certain changes in the
^{Iysine and Accidents} have now & then removed it. It
has been cured

- 1 By prolepsy, ^{one instance only of this occurred} under my notice. It was in a woman.
- 2 By postpartum pregnancy & childbearing.
- 3 By a change of climate of residence. [#]

4 By ^{the} hardships of a camp life. They

caused it in Dr. Liles Cesar, also by a long

Journey - in Lent, Marshall's wife.

5 By age. It often leaves or goes off at

50, or 60.

Let us remember these
facts. We shall presently apply them.

~~V. Acute Epileptica, or a stuporous fainting fit~~

- b

V and fe and a sensation like floating of
one of the eyes from its orbit, associated with
something glistening before the eyes.

a Transylvanian in hospital.

+ Erupcion of burns & pain above
the pubis. in miss Grie; Berlin 1811.

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The Remedies for Epilepsy divide themselves into 3 heads.

1 Such as are proper in its forming State.

2 Such as are proper in the paroxysm,

3 Such as are proper in the intervals of the paroxysms.

1 In order to know when to administer the first class of Remedies, I shall consider what are the symptoms of an approach: fit. They are 1 a bitter taste in the mouth, 2 or 3 days before a fit. 2 an enlargement of the pupil. 3 Fancies & false visions. 4 a loose pulse. 5 a slow pulse. morganii. 6 Head ach. 7 pain in the right eye - with inflamⁿ: of the tarsica adnata according to Dr. Cullen. 8 a peculiar Odor in the breath. moss wood. 9 Costiveness. 10 a redness in the

14 a trembling of the ~~upper~~^{under} lip.

15 ~~The last symptom~~ is the Area Epileptica,
or a creeping sensation rising from the extre-
mities of the lower part of hands.

16 Singing, dancing - laughing - hallooing
& running. It is said it attacks Boys
- part in the last way that has been
seen? - viz running. — That

17 Premonitory elevation of all the
mental faculties. A fit of Epilepsy was
always preceded in the late Revⁿ M^r Walker
of New Haven by unconscious displays
of genius & eloquence in his prayers
& sermons. —

few. 11 pains in the feet 12 pinacles on
the tongue. 13^a a sudden fit of horror
such as ^{is} induced by the near approach of
death. ^{most of} ~~all~~ these presmonitory symptoms
have been observed in my patients, & recorded
at that the time they were communicated
to me. You may faithfully rely upon
them. ^{They did} not all in any one ^{patient}, & sometimes
but one of them in a patient.

The remedies in this forewarning state of Epilepsy are 1. V. where the pulse is tense, & when
great fulness appears in the bloodvessels of the brain.
2 an emetic. This is indicated when a bitter
taste is perceived in the mouth.

3 Abstinence from animal food, & the sparing
use of veg: food.

4 ~~A dose of Opium~~ a gentle purge. It was
often given to the lady Mrs Wood in whom
it was preceded by a peculiar odor in her breath.
^{The purge was Sulphur.}

5 A dose of Opium.

#

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or temples

- 13 Rubbing the hand on the forehead, & throwing the head back against a wall. Proprietary. Shaking the head rapidly. a Frenchman running rapidly a distance. Dashing a bucket of cold water all the head & body. — 15 Improving wakefulness for one or two nights. I shall mention its good effects hereafter in preventing fits of somnolence which usually occur in the night. In flaps, and in bed when the body is in ~~—~~ (a)

✓ the rising of the Amia Epileptica to the head. Dr Whist. & Dr Loeffler

by Buchanan & Cullen.

- 10 Year. Girl in infir. of Edin^r. 11 By running, & by suddenly rising out of bed. 12 Keeping the mouth & teeth apart by a piece of wood. — #

In treating of the Remedies that have been occasionally successful in this Disease, we have to lament that no notice is taken of the grade of the Epilepsy in which they have been used. A medicine that will cure its milder grades, will have no ~~more~~ effect upon its worst grades. ~~The common mosquito balsam upon the back of gibblets.~~ I shall first mention the Remedies proper to in the worst grades that have been described. They are the opposites

6 a cup of the juice of Rue. It was thus
 prevented in a man ⁱⁿ Virginia. Dr. M^r Doding
 a Spoonful of Salt in the mouth. a Touch
 & The Skill of bringing Selsphor according to
 Dr. Rushing of wingdeburgh. a Spoonful
~~Lake~~
 of Dilute of Liverworts commands to be no
 applied to the pit of the Stomach half an
 hour before the paroxysm. This remedy
 prevents Intermittents used in this way.
 9 ligatures around the extremities to prevent it.
 If the Remedies in the pit are but few. when
 the Convulsions are violent, vs shall be used.
 It lessens its thicks violence, & shortens their
 duration. Fresh Air - a loose Collar - few
 Mandants - & an easy recumbent posture
 are of consequence, they prevent death
 in the paroxysm. —

VI TLL

~~the~~ ^{unusual radical} Interventions of the fits, the Remedies
 III or ^{is indicated} ~~are~~ ^{are} ~~indicated by the fakult~~
 & 1st. This ~~is~~ ^{is} ~~indicated by the fakult~~
 & tension of the pulse, & should always
 precede the use of tonics. ~~Afterwards make~~
~~on a~~

p:12

== 10) in a recumbent posture, the muscles
become relaxed; that is they part with
their excitement; - but this excitement is
not lost. It is translated to the blood vessels
in Epilepsy, as it is to the lungs in Asthma,
~~and to the brain~~ ~~bloods in~~ from
whence it is again distributed irregularly
to every part of the body. The probability
of this remedy being useful is supported
by running & ^{rising suddenly} out of bed,
thereby exciting the mus-
cles, often putting off a fit of Epilepsy.



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of each other, and ~~do~~ yet they ultimately meet in a point, so as to produce the same effects. They are such depleting remedies as reduce the system gradually below that point in which the vessels - muscles and nerves are capable of morbid action. This is done in the cure of many diseases. The French Physicians during the late war in America cured Intermittents ^{by} ~~now~~ wholly by ~~old~~ low Diet. No relapses ever took place when the cures were thus performed. The American Physicians saw them with surprise, but could not refute them. The same ⁱⁿcapacity of morbid convulsions have been produced in the Epilepsy by the following Remedies.

1. ^{It was in observing Child hood - Helmuths}
W. This is indicated by the flat of the pulse.
^{Child & it's parents - kept Rob. Brown's}
Dr Brown ^{parenting} ~~practicing~~ a =

+ The yellow fever morbid convulsions are off the yellow fever are often thus prevented, & of common Remittents by the Brannius infusia.

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= cure being performed by using it to such
an excess as to bring on Dropsey. The blood
bears all the marks of morbid action &
particularly ^a very appearance of yellow fever
^{in like manner too often destroyed itself by spontaneous}
^{browned by the same tendency.}
^{2 In ~~the~~ ~~best~~ Diet Dr Chirurgus mentions}
the case of a Dr Taylor cured by it, & Dr
Collins says more ^{have been} cured by this, than
by any other remedy. To be effectual it should
reduce the system to a very low degree of subtilty. —

He took his morning exercise at 10^o A.M.
The cows from which this milk was taken
fed only upon grass & hay. When ~~so~~ they
fed upon grain their milk disagreed with
him. Perhaps the cow here was not from
the milk, but from the limited quantity of
alliment, which kept the system in a constant
~~state of equilibrium, without~~ ^{a sufficient provision to an attack of the}
~~and to the alliment of~~ disease — too much, or too little
leaves the disease ^{from} too much, or too little
changes. An agreeable temperature of air, &
variety of mind have had singular
instances the same febrile effects. I have
had ~~the~~ the case in which I common diet
by weight and measure has ^{wanted} cured this disease.
had it been persisted in it would probably
cost the —

"3 or Salivation. This revolutionary remedy was first used by Dr Hugh Smith of London. I learnt it from him. It consists, by the discharge from the mouth, & 2nd by the Abstinence connected with it. To be effectual, it should be kept up for a month or six weeks. I have made two cured persons by it - Stewart of Lucy of Virginia, I think I had cured three more, but they have relapsed. One of them is since died in a fit of her disease, after being freed from it three or four years. It is difficult to make the mercury act on the salivary glands in this disease. ~~It is to stimulate the salivary glands.~~ ~~It is to stimulate the salivary glands.~~

4 Cold applications to the head. See Gee should be suspend when attainable, for this purpose. It should be confined by means of a bladder or a tin cap.

5 Lying in a sitting or inclined posture in order to prevent an undue determination of blood to the brain. I have employed these two last remedies with great advantage in the case of a gentleman in Maryland.

The 21 class of radical remedies for Epilepsy should be the opposites of those that have been mentioned. They should be Tonics. These should be of so powerful a nature as to overcome the predisposing debility of the system. This use is suggested by the occasional cases that have been performed by Puberty, pregnancy - infus - the hardness of a Camp life - and old age all of which impart tone to the system.

children more of course ^{not of all kinds} for I suppose 2. Roberts boy & others
except 1st & 2d birth Comit. boy all about 12 under 13. Nitrate of Pot.
but fails in adults. white vit qd & the kid die.

~~the Registry of Bispirnath in pills & on
disolved in aqua fortis. Dr. Wilkins of Baltimore.~~

~~nitrate of pillars. except for the plague of Epilepsy be
wont of my Confectioner be true of epilepsy,
it will account for each of these remedies having
lessing the effect of most deep seated &
sometimes cured the disease. The vegetable tonics
universal delirious have fewest, it follows
probably specified in theory their remedial power only
that a tonic fluid, soon to a doctor for
be repeated by force giving them in very large
quantity, on the remedies that have been
done, full & stating of the disease which I have
last named. Let me try the effects of
described, while the - of combining them -
increasing their dose so let us search for
powerful vegetable tonics we need in the its
new tonics most powerful than those
higher grades. ✓~~

~~in common use, or by discovering some
new medicine belonging to the class of
tonics - with these ~~new~~ medicines
a cordial diet, and exercise, or rather
labor should be combined. I was lately
consulted by a patient in Epilepsy whose
fits occurred only on Sunday, and on~~

what would be the effects of a high fever excited by artificial means in an Epileptic patient? we have seen it cure Epilepsy, & palsy, & we shall soon say it arrests incising madness. It is perhaps the convulsions which introduce the small pox - & some other forms of fever, are prevented from becoming periodical & perpetual - only by the fact Dr De la Roche says he only saw a few fit of fits 22 months. ^{had long suspensions between fits of the malady.} In a disease which eludes experience, and reasoning, the nothing should be left unattempted which affords the most remote prospect of success. —

+ the form of aura Epileptica. Perhaps this is a retrograde motion of the nervous fluid, & that Stimulants & drains applied to the feet & legs may be the means of detaining it in its proper place, or conveying it out of the system where it is excessive in its quantity? I am the

69 in favor

holidays - a strong fact of the efficacy
of labor in curing it. It is an ex-
cellent substitute for the hardships of a
~~V I have read of a headache occurring only on
camp life.~~
~~Monday in a lady, & that too from the debility induced by sus-
pending the usual employment of the ~~wife~~.~~
In moderate cases of epilepsy the
following remedies have been found useful.

- 1 Sets or Ipoes. They are commonly applied to the neck & arms. Perhaps a great advantage would arise from ipoies in the legs. The fits seem to ascend from the feet into the head.
- 2 The Acetate Cantrey applied along the sagittal & coronary sutures. Dr Holler mentions
- 3 Crises being performed by this remedy - or blisters all over the head.
- 4 Glysters of an infusion of Tobacco. Dr Holler speaks of their efficacy.

- 5 Long Journeys. ^{an agreeable one} & a ~~rare disease of~~ ^{old} ~~dangerous~~ ^{in West Indys.} change of Climate & cold best - Lepper, part 1, p. 445, vol. 10 Biblioth.
- 6 Change of Residence. This acts by destroying old impressions, & associations, & where a suspicion from tumors - cut them out. Two cases thus cured.

more disposed to cherish & faith in those applica-
-tions from having lately read an account
of its being cured after 25 years standing, by a
bit of the Gout in the feet. Eph: med: vol: 12. 320

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~~I~~ Itching was a malady on hand but it is evident

~~that it was~~ ¹⁰ the sound of large church bells
which caused it first - and it increased ¹¹ extensions
on the head. Dr Lenflet mentions two cures being performed

by means of the itch, the one communicated
by design, the other acquired accidentally. Bith:
vol: 1. p 445. 6. In addition to the pain of Itching
& the pleasure of Scratching, which I have supposed
to be the Remedies in cases in which the Itch
cures diseases, let us not forget that many
diseases go off with an Itching, & that it ^{always} is
a favourable sign. It is a ^{sign} of disease, least
~~it may~~ a small one, ^{or like} ~~compared with the disease~~
cures ~~itself~~ even a yellow fever, it may cure diseases
one hundred times more violent than itself.
Dr ~~the~~ Lenflet attempted in vain to impart
the itch by inoculation. It must be taken in
the natural way - for it belongs exclusively to
the skin. =

(l) Uniformity of impressions from diet,
Drinks, Drefs, exercise & sensations of mind.

Uniformity of all impressions from diet
Drinks is best kept up by never permitting
the Stomach to be full nor empty, & perhaps
by advising Diet & Drunks by weight & measure.

(k) All those remedies for moderate
degrees of Epilepsy should be used as aux-
iliaries, or as Supplements to the deple-
ting, and tonic remedies which were
recommended in the worst grades of the
disease. —

From a review of all the remedies for
Epilepsy - the balance is greatly in favor of V.S. - a milk
Sagittaria in persons under forty,
Dit, & a Salivation - assisted afterwards by
all the remedies that have been mentioned
according to the Condition of the System.

I have only to add, that in vain
will be our efforts to cure this disease

= 12 I have said that the disease attacks chiefly
in sleep. What would be the effect of lessening
the number of hours allotted to sleep? ~~and~~ or
~~hours to do books under it less profound by advising~~
~~sleep upon a matress, or upon blankets only,~~
~~laid upon a floor & thus to obviate the operation~~
~~of one of its exciting causes?~~ I mentioned
~~the feasibility of~~

a fact formerly which is calculated to begat a
say of hope in this remedy. Many of the
militia ^{officers} who ~~were~~ turned out in the
winter of 1776 and slept on the ground, or floors
only, during the winter, were seized with con-
vulsions as soon as they ~~were~~ laid down
on feather beds after they returned to their
families. ~~The Aggrav. But further I shall say~~
~~presently fits of asthma are thus best affi'med~~
~~V. This is seen the best of the bodies~~
~~and messenger without damage~~

good

Recollect the effects of wakefulness ~~in~~ mentioned
by Dr Stoll in the cure of another disease of
the brain - viz Phrenitis - I shall presently
mention its good effects in preventing parox-
ysms of asthma ~~in~~ sleep, & even in a
bed or sleep or in bed.

without removing ~~the~~ patients out of the
way of all its exciting causes. Drink, and
study & eat of every ^{as far as} food & strong
espelled eruptions shd be restored - obstructed
functions & excretions should be ^{opened -}
~~plastered~~ ^{- wait,}
worms should be espelled - tumors &
(Dr. Smith's Rx: this cured)
decayed teeth (if probable cause of Epilepsy)
^{removed or extracted -}
should be extracted - and the passions should
be reduced to ~~order~~ ^{and} their natural do
just Order.

I have thus vent: laid before you
upon the subject of a most afflictive and
useful disease, & with an account of a few, solitely, and
me request you to give them a place in
annals & memoris.
your youthful minds. They are imposed
with vine - or vine and festive Soil. Think
now that who shall of them in your
retirement, lie on your beds. The man
who shall discover a radical & uniform
cure for Epilepsy will deserve more ^{from} ~~from~~
humanity than the discoverer of the ~~georgian~~

— recumbent posture, the muscles ^{become} relaxed, ~~and that is they part with~~ lose their excitement — but this excitement is not lost. It is transferred to the blood vessels & brain where it is epilepsy, and to the lungs in asthma — & hence perhaps the cause of paroxysms of both those diseases appearing in sleep or in bed, & hence the probability of the break of them. Means I have suggested to prevent them. They are suggested further by one of the modes of Obliviating a fit, viz. rising out of bed, and running. — return to ~~copy~~ page [k], p 22

Signs

- 1 Unfavorable before initiation in Infancy.
- 2 It is ~~dangerous if it occurs before the~~ ^{be not well} early life, ~~and~~ ^{but} big puberty, it is seldom cured by art.
- 3 It is most dangerous when attended with Yawning & snoring in its intervals.

Case of Epilepsy

This is now the 18th of January 1804 - I have every day the following
Oppression since my Eighteenth year. I am now in my Twenty-fifth & I seek
still a salutary remedy - The fit takes me as it follows:

The vision of sight dulls & dimmishes
the appearance of a sparkle, yet like a subtle spring in its form & vibrations. I
see it at the right temple, It seems to advance rapidly on me. Increasing in size &
& surrounding itself with a kind of blaze which frequently assumes the aspect of
a large fire. This fire threatens as it were to consume me, I feel its incoming
approach, & the having arrived, my power to overcome my faculties, it deprives
me of my senses. Then comes the fitting of that dreadful moment. Then ten years
My fits are more frequent, from one to four or five. So fits have affliction in the
& course of a month. However, they are often mere alarms of four times only, in the above
Period they last no longer. But there is no doubt that each symptom would become
a complete fit, if I could not succeed to stop its progress. The means that I have used
& to prevent their completion ever in the beginning, to rub my temples with the hands &
& stimulate to fill up my mouth with salt. But a long time of these means rendered
their application & at last without any effect. Next, I found out that
& shaking my head as fast as possible, acted efficaciously. These vibrations of head are
still the only mean I am acquainted with to prevent a complete fit. But it is not, unfortunately,
& infallible, though at other times it is sufficient for me to turn as fast as possible.

The numerous cures that I have used for nerves, made
nothing on me; those that men employ externally, as blistering plasters, procure
me ~~some~~ some relief. I have long thought of bleaching Salaberry, & on that account
I came to perform this operation every two months. 15. I am convinced now that it
& was baneful to me. The last time that I submitted to it, I was almost instantly
taken with fits -

Charge is then another affecting health, of derivation from
& If at all cold or subject of rheumatism - I feel often my sight weakening, & frequently
I feel like a stone over my eye - If such operation is performed during this time
& the effect of having my sight - Exposed to cold, as long as will have brought
& some fits upon me, At least, I thought this the cause of them - Indirectly of
sight & regular action at the right side of my face & consequently, of the glasses
& I can never blow my nose, & it irritates the same & produces a bad effect - After the
fits I feel usually a heavy pain in the forehead, & when I am so lucky as to

Stop them, a starting in the right eye, accompanied with a kind of glittering at each start,
together with a quick palpitation of the heart, always follow - Sometimes I am affected
With a kind beating in the head; palpitations of the heart; difficult breathing; Head &
Sudden pains in the Head, But the last is not common.

Many times I have experienced a kind of relief of chewing
Stimulating vegetables, as Mustard-leaves &c - When I feel my Nose stuffed, that I
Can even blow it a little, I have reason to apprehend - I had been advised to wash my
Head every morning with cold water, I practised this a good while, But found out that
It was hurtful to me - Bathing weakens me & I think it rather contrary to my health

I have taken a good many remedies for nerves In my
life, & the whole without any benefit. I am far from being robust & almost constantly
I am costive. It may be well for me to observe, than an active life suits me
Perfectly well.

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Wadsworth to 1000

